I. WELCOME, 15 mins.
Plan one to two icebreakers for the purpose of mixing around and getting group participation or getting acquainted.

II. WORSHIP, 20 mins.
Prayerfully choose a few songs to lead people into God’s presence. During this time, cell leaders will encourage cell members to listen to the Holy Spirit and release the words of strengthening, encouragement, and comfort they have received for the cell group, the church and nations. Upon each word shared, the cell leader will lead members by thanking and praising God for His promise and/or praying aloud together for the needs, etc.

During this time, the cell leader will also lead the group to pray aloud for: (1) the mission organization or daughter church that the cell group adopts (2) the church ministry needs (3) blessings for new comers, the sick.

MISSION ORGANIZATION: ________________, their needs: ________________
(Please contact the church if you don’t know the needs of the mission organization.)

CHURCH MINISTRY:
3/17: Men’s Retreat Registration Starts
3/29: Good Friday Service @7:30 in Emmanuel Chapel
3/31: Easter Sunday Service- Please invite your friends!
4/7-6/2: Financial Peace University
4/26-27: Men’s Retreat (Theme: Becoming a Real Man)

III. WORD, 45 mins.
A. Sharing from last Sunday’s message.

1. What is the main message from last Sunday sermon? What did God say to you from the message?
2. How would you respond to the message? What action will you take after listening to the message?

B. Discussion Topic: Be Filled with the Holy Spirit

Memorizing Verse: “And do not be drunk with wine, in which is dissipation; but be filled with the Spirit” (Ephesians 5:18 NKJV)

Foreword: Whether in our walk with God or in our ministry work, we all need the help of the Holy Spirit. In order to receive the help from the Holy Spirit, we must first know Him.

1. Who is the Holy Spirit?

Holy Spirit is one of three persons of God. Holy Spirit is one of the Trinity God – God the Father, God the Son, God the Holy Spirit. They are three persons in One.

A. Holy Spirit is God.

Holy Spirit and has all the characteristics of God. He is eternal, and never changes. He is omnipresence – can be present everywhere all at once. He is all knowing. He is all-powerful and has unlimited power, and authority. He has the same position and share the equality as the Father and the Son. However, God the Father, God the Son, and God the Holy Spirit have different functions. God the Father is the eternal planner of salvation. God the Son, Jesus is the executor of salvation. Holy Spirit is the fulfillment of salvation. Jesus died on the cross for our sins but it’s the Holy Spirit made us receive of the salvation of Jesus Christ. Without the Holy Spirit, we can not be saved. Therefore, we need to give the Holy Spirit the same worship, honor and praise.

B. Holy Spirit is a Person.

Holy Spirit has all the characteristics of Person. Holy Spirit has mind. He has ability to think, to comprehend, and to understand. Holy Spirit has emotion. He has
feeling of sadness and joy. The bible told us, “Do not grieve the Holy Spirit.” Holy Spirit has will. He has ability to choose and make decision. He decides on the gifts that you get. He can strengthen and encourage you. He can think, and speak to you. He can pray for you. He can teach you all things and lead us into all truth. We need to come into a close relationship with Holy Spirit. Through daily walk and communication with Him, you can become friends with Him. (2 Corinthians 13:14)

2. **What is your relationship with the Holy Spirit?**
   
   **A. Holy Spirit is living inside you (indwelling of the Holy Spirit).**
   Holy Spirit is living inside every believer of Jesus Christ. The Spirit of Sonship enters into your heart as the Holy Spirit enters into your heart when you received Jesus as your personal Savior and Lord.
   
   1. **Holy Spirit is God’s seal in us as the mark of our salvation.**
      
      (Ephesians 1:13-14, 4:30)
      
      The seal of the Holy Spirit shows that we are the sons and daughters of God. It shows that we belong to God and now you are redeemed by God and you are to receive the inheritance of Jesus.
   
   **B. You are to be filled with the Holy Spirit daily. (Infilling of the Holy Spirit)**
   The bible instructs us to be filled with the Holy Spirit constantly. To be filled with the Holy Spirit means that you are willing to controlled and led by the Holy Spirit to live your life. When you are filled with the Holy Spirit, your physical body becomes the expression of the Holy Spirit. You now allow the Holy Spirit to manifest the works He wants to do through you. You become the channel or the tube of the Holy Spirit. The more you are filled with the Holy Spirit, the more God’s work can flow through you. The more fruits of the Holy Spirit you will carry.

3. **Why do we need to be filled with the Holy Spirit?**
   
   **A. To Bear the Fruits of the Holy Spirit**
   
   When you are filled with the Holy Spirit, Holy Spirit will give you the wisdom to understand God’s will in your life. You will not do stupid things. You will have the wisdom to make the right decisions in your life.
   
   **C. To be empowered to serve God (Ref. Acts 1:8)**

   
   In Acts 2:1-4, there was a filling of the Holy Spirit took place. When they were filled with the Holy Spirit, people began to speak in the language they’d never learned. It’s the Holy Spirit gave them the utterance.
   
   **A. There are two types of tongues.**
   1. **Other languages in the world (Ref. Acts 2:8)**
   2. **Praying a heavenly language in spirit (ref. 1 Corinthians 13:1)**
   This is the language the angels speak in heaven. It’s a heavenly language that we speak supernaturally by the power of God.
   
   **B. What are the benefits of speaking in tongue?**
   1. **Tongue helps us to praise and worship God**
   When you can’t praise God under your circumstances, pray and praise in tongue will bring a release to your spirit and will help you find the breakthrough in your spirit. When we pray in tongue, it’s the Holy Spirit praying through us according to the will of God. You can be sure it will be answered.
   2. **Tongue helps us to understand the mysteries of God (1 Corinthians 14:2)**
   When you pray in other tongues, you are becoming more sensitive to the spirit of God. You can suddenly understand God’s will.
   3. **Tongue edifies yourself (ref. 1 Corinthians 14:4)**
   Speaking in tongues is one of the few gifts that edify yourself. All other gifts edify others, only speaking in tongues edifies yourself. When you feel weak, when you feel tired, when you are full of doubt, when you lack of power to serve, you need someone to edify you and encourage you. You can pray in tongue and Holy Spirit will be right there to intercede for you, to strengthen your spirit.
5. **How can you be filled with the Holy Spirit?**
   
   **A. Hunger for the Holy Spirit**
   
   Holy Spirit is a person. He is gentle and loving. He never wants to force Himself on you. If you want more of the Holy Spirit, He will fill you. But you need to open yourself up and want to be filled by God.
   
   **B. Ask (Luke 11:13)**
   
   Just ask with faith and simple heart. Jesus hears you and desire to fill you with the Holy Spirit. He will fill you with the Holy Spirit.
   
   **C. Receive (John 7:37, John 4:14)**
   
   Jesus stood and cried out, saying, “If anyone thirsts, let him come to Me and drink (John 7:37). “But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life.” (John 4:14) Receive the Holy Spirit. Let Him fill you and empower your life. Do it by faith and believe that the Holy Spirit is filling you up.

**Mark 11:24**

Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

**Discussion Questions**

1. Knowing Holy Spirit is God and is a person with mind, emotion, and will, how does this change the way you relate to the Holy Spirit from before?

2. What is your current relationship with the Holy Spirit like? What can you do personally to be more in tune with Him in your daily life?

3. Have you ever done anything which grieves the Holy Spirit? What happened to you afterwards? Thinking back, what lesson can you possibly learn from it?

4. According to the sermon, what does it mean to be filled with the Holy Spirit? Please share an experience where you obeyed the leading of the Holy Spirit to do something and as a result, God was able to work through you to accomplish His work or help someone or stop you from doing the wrong thing etc.

5. Have you ever been filled with the Holy Spirit? Under what circumstance were you filled? How did you get filled? What impact did it make in your life? Please share your experience.

6. Do you pray in other tongues? How did you receive it? How does praying in tongues help your spiritual life? How does it help to empower you for the ministry? Please share your experience and testimony.

**Prayer**

Dear Lord, thank you for sending us the Holy Spirit to live inside of us. We worship you and welcome you in your lives, Holy Spirit. We hunger for more of you and we ask you to come and fill us up once again. Empower us, Holy Spirit so that we can bear much fruits and be a great witness for you. Thank you for the gift of tongues. I pray that as we lift up our hands to praise you and open our mouth wide, you will fill us and give us the ability to pray and praise you supernaturally. Let the miracle take place in our mouths. We want more of you, Lord. In Jesus name.

**Note to Cell Leader:**

Please listen to the voice of the Holy Spirit and His leading, if you are led to ask those who have not been filled with the Holy Spirit to receive Him, you can lead them with the song “Holy Spirit Thou art Welcome” and pray and ask the Holy Spirit to fill them. You can conclude this time with a closing prayer of thanksgiving.

**IV. WORK (Pray for each other), 10 mins.**

Please break into group of 2 or 3 to pray for each other’s needs.